

# IMPORTANT SPARKLER INFORMATION 2019-2020

## “A Decade of Sparkle”

### SUMMER TECHNIQUE/CONDITIONING CLASSES

*All Sparklers are REQUIRED to attend at LEAST 4 technique classes and 2 conditioning classes. You can pick from any of the dates below. Additional classes cost \$5.00 per Sparkler.*

**Monday, June 17th:** Conditioning for dancers 5:00PM-6:00PM

**Tuesday, June 18th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Wednesday, June 19th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Thursday, June 20th :** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Monday, June 24th:** Conditioning for dancers 5:00PM-6:00PM

**Tuesday, June 25th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Wednesday, June 26th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Thursday, June 27th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Monday, July 8th:** Conditioning for dancers 5:00PM-6:00PM

**Tuesday, July 9th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Wednesday, July 10th** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Thursday, July 11th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Monday, July 15th:** Conditioning for dancers 5:00PM-6:00PM

**Tuesday, July 16th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Wednesday, July 17th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

**Thursday, July 18th:** 4:00-5:30 Advanced Technique & 5:30- 7:00 Beginner Technique

Beginner technique will focus on basic drill team skills including....

- Regular leaps & Russians
- Single and double Pirouettes
- Chaine Turns
- Stationary Leaps
- Kick technique
- Switch tilts
- Increasing flexibility and splits

Advanced Technique will focus on the following... (All dancers are encouraged to at least try an advanced class. Dance officers are required to attend advanced classes)

- Second turns
- Switch Leaps
- Turning Disks
- Calypsos
- Double and Triple Pirouettes
- Pique Turns
- Switch tilts

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**SPARKLER TEAM CAMP INFORMATION**

**Team Building Friday, July 19th**

Arrive at CHS at 8:00AM

Wear leggings, tennis shoes, black team shirt

**Camp July 22nd- August 2nd 8:00AM-5:00PM Monday - Friday**

What to wear/bring

- Sparkler water jug
- Clothing for outside
  - Day of the week shirt ( will be given the day of team building)
  - Shorts
  - Tennis Shoes
  - Hat/visor
  - Sunscreen
- Clothing for inside
  - Black Leggings
  - Proper team tanks
    - Monday - Black
    - Tuesday- Blue
    - Wednesday- Pink
    - Thursday- Grey
    - Friday - Any top
  - Sports bra
  - Jazz Shoes

***Bring lunch daily and a snack for outside. Make sure you eat breakfast. Try to stay away from dairy for breakfast. You need protein and carbs. Remember snacks and lunch cannot contain nuts or berries!***

**Week one of camp: July 22nd- July 26th** - Mornings are dedicated to conditioning and football season preparation and afternoons are choreography, technique and leadership

**Week two of camp: July 28th - August 2nd** - Crowd pleasers is coming you will learn 3 football routines, Two contest routines, technique and a ballet master class

**Team Practice** - August 5th 4:30- 5:30

**Camp Showoffs-** August 5th- 6:00PM - 7:00PM

**Team Pictures** - August 6th - 5:00PM -8:00PM (Location TBA)

**Agoge Camp** - August 12th 6:00pm?? (TBD)

**Meet the Spartans** - August 17th?? (TBD)

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### Items to acquire on your own for the school year

Black T-back Sports bra LIKE PICTURED



- Brick Red MATTE lipstick (not gloss)

*I am no longer ordering makeup for the team. I have some leftovers available for purchase. You are responsible for wearing eyeshadow, black eyeliner, blush and red lips for ALL performances.*

- Black Trouser Socks
- Safety Pins, Bobby pins, hair ties etc...
- False lashes for contest season
- Black leggings (You need to wear BLACK leggings for practice daily) I recommend having at least 4 pairs
- Hot Pink lipstick for october games
- Hair donut for sock buns
- Skin colored undergarments
- Skin colored convertible bras for costumes
- Hair net for pep rallies and contest season (You do not need a hair net for FB season)
- Tennis shoes for outside on the track/field and CLEAN tennis shoes for inside

#### Team Payment Schedule

April 9th- \$350.00 deposit and \$25.00 Membership dues

May 5th- Team payment \$200.00

June 1st- Team payment \$200.00

July 1st-Team payment \$200.00

August 1st- Team Payment \$200.00 (**FINAL PAYMENT DUE**)

**All team payments must be paid off by August 1st**

We will vote on team trip for next year.

The choices will be NYC or Disney World/Universal Studios Orlando

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**Booster Club Meetings**

We meet the 2nd MONDAY of every month unless there is a school holiday. Please have a representative from your family at ALL meetings. We discuss very important information and it's the best way to stay in the loop. Meetings typically only last for 30 -45 minutes.

Here are all the BC meetings for the year

Monday, August 12th - After Agoge Camp

Monday, September 9th @6:00PM

Monday, October 14th @6:00PM

Monday, November 11th @6:00PM

Monday, December 9th @6:00PM

Monday, January 13th @6:00PM

Monday, February 10th @6:00PM

Monday, March 3rd @6:00PM

Monday, April 7th @6:00PM

Monday, May 12th@6:00PM

***All hands on deck are needed for the following dates for our contest hosting. This is a HUGE event and fundraiser for the team. We need parent/family volunteers and EVERY Sparkler.***

***Friday, January 31st - 3:00PM - Midnight***

***Saturday, February 1st- 6:00AM- Midnight***

Parents be aware we will need you to reach out to contacts for donations for the following....

Lynn Smith - Labor Day

Silent Auction - December 19th

Contest Hosting - February 1st

Spring Show Ads

We will give details of what is needed please reach out to contacts ASAP. Also note we will need parent volunteers throughout the season for T-shirt sales, concessions, Winter and Spring Show and more. Please take the time to do what you can to help your daughters.