

## **UPDATED MAY: IMPORTANT SPARKLER INFORMATION 2020-2021**

**Join our Remind group (parents and Sparklers) - @sparkler11 to 81010**

**Email Ms. Page tonight if there is an email you would like to add - [kaylee.page@bisdmail.net](mailto:kaylee.page@bisdmail.net)**

PLEASE ADD OUR GOOGLE CALENDAR TO YOUR PHONE. IT CAN BE FOUND ON  
[www.centennialsparklers.com](http://www.centennialsparklers.com)

### **Payment Plan for NEW members**

**June 1st- \$100.00 deposit and \$25.00 Membership dues**

**July 1st- Team payment \$200.00**

**August 1st- Team payment \$200.00**

**September 1st- Team payment \$250.00**

**October 1st- Team Payment \$150.00 (FINAL PAYMENT DUE)**

### **Payment Plan for RETURNING Sparklers**

**June 1st- \$100.00 deposit and \$25.00 Membership dues**

**Remaining Balance of \$225 due by August 1st**

### **SUMMER TECHNIQUE/CONDITIONING CLASSES**

EVERY Sparkler is REQUIRED to “attend” at least 3 technique classes and 2 conditioning classes via Google Meet in the summer. The cost for these classes are included in your fees. **Sparklers must attend the required amount of classes to be eligible to perform.**

**Monday, June 8th:** Conditioning for dancers 2:00-3:00PM

**Tuesday, June 9th:** Technique 2:00-3:00PM

**Wednesday, June 10th:** Technique 7:00-8:00PM

**Monday, June 15th:** Conditioning for dancers 2:00-3:00PM

**Tuesday, June 16th:** Technique 2:00-3:00PM

**Wednesday, June 17th:** Technique 7:00-8:00PM

**Monday, June 22nd:** Conditioning for dancers 2:00-3:00PM

**Tuesday, June 23rd:** Technique 2:00-3:00PM

**Wednesday, June 24th:** Technique 7:00-8:00PM

**Monday, July 6th:** Conditioning for dancers 2:00-3:00PM

**Tuesday, July 7th:** Technique 2:00-3:00PM

**Wednesday, July 8th:** Technique 7:00-8:00PM

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Conditioning will focus on....

- Core strength
- Stamina and Endurance
- Increasing musculature
- Proper workout habits

Technique will focus on the following...

- Placement
- Flexibility
- Control
- Pirouettes
- Kick Technique
- Jumps and Leaps

### **SPARKLER TEAM CAMP INFORMATION**

#### **Team Building Friday, July 17th**

Arrive at CHS at 10:00AM

#### **Camp July 20th- July 31st 8:00AM-6:00PM Monday - Friday**

What to wear/bring

- Sparkler water jug
- Clothing for outside
  - Any top that covers the midriff. Make sure writing on shirt (if any) is appropriate!
  - Shorts
  - Tennis Shoes
  - Hat/visor
  - Sunscreen
- Clothing for inside
  - Black Leggings
  - Black form fitted shirt- rookies
  - Veteran Members team tanks schedule
    - Monday - Black
    - Tuesday- Blue
    - Wednesday- Pink
    - Thursday- Grey
    - Friday - any Black top
  - Sports bra
  - Jazz Shoes
  -

***Bring lunch daily and a snack for outside. Make sure you eat breakfast. Try to stay away from***

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*dairy for breakfast. You need protein and carbs. Remember snacks and lunch cannot contain nuts or berries!*

**Week one of camp: July 20th- July 24th** - Mornings are dedicated to conditioning and football season preparation and afternoons are choreography, technique and leadership.

**Week two of camp: July 27th - July 31st** - Crowd Pleasers is coming this week. You will learn 2 football routines, one contest routine, technique and leadership.

**Camp Showoffs-** July 31st- 6:30PM - 7:30PM

**Agoge Camp** - August 10th 6:00pm?? (TBD)

**Meet the Spartans** - August 15th?? (TBD)

**Team Pictures** - August 21st- 6:00-8:00PM

### *Items to acquire on your own for the school year*

Black T-back Sports bra LIKE PICTURED



- Brick Red MATTE lipstick (not gloss)

*I am no longer ordering makeup for the team. You are responsible for wearing eyeshadow, black eyeliner, mascara, blush and red lips for ALL performances.*

- Black Trouser Socks
- Safety Pins, Bobby pins, hair ties etc...
- False lashes for contest season
- Black leggings (You need to wear BLACK leggings for practice daily) I recommend having at least 4 pairs
- Hot Pink lipstick for october games
- Color coordinated Hair donut for sock buns (I suggest one like [this](#), instead of the snap style)
- Skin colored undergarments
- Skin colored convertible bras for costumes
- Color coordinated Hair net for pep rallies and contest season (You do not need a hair net for FB season)
- Tennis shoes for outside on the track/field and CLEAN tennis shoes for inside

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### **Booster Club Meetings**

We meet the 2nd MONDAY of every month unless there is a school holiday. Please have a representative from your family at ALL meetings. We discuss very important information and it's the best way to stay in the loop. Meetings typically only last for 30 -45 minutes.

Here are all the BC meetings for the year  
Monday, August 10th - After Agoge Camp  
Monday, September 14th @6:30PM  
Monday, October 5th @6:30PM  
Monday, November 9th @6:30PM  
Monday, December 14th @6:30PM  
Monday, January 11th @6:30PM  
Monday, February 8th @6:30PM  
Monday, March 8th @6:30PM  
Monday, April 12th @6:30PM  
Monday, May 10th@6:30PM

***All hands on deck are needed for the following dates for our contest hosting. This is a HUGE event and fundraiser for the team. We need parent/family volunteers and EVERY Sparkler.***

***Friday, January 29th - 5:00PM - Midnight***  
***Saturday, January 30th- 6:00AM- Midnight***

Parents be aware we will need you to reach out to contacts for donations for the following....

Lynn Smith - Labor Day

Silent Auction - December 17th

Contest Hosting - January 30th

Mini Dance Camps: November 7th and May 8th (same day as prom, seniors don't do this camp and if going to prom)

Spring Show Ads

As events get closer, we will provide more details. We ask that you please reach out to contacts who will support your daughter. Also note we will need parent volunteers throughout the season

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for T-shirt sales, concessions, Winter and Spring Show and more. Please take the time to do what you can to help your daughters.